



## NuVal™ — Nutrition Made Easy

**Do you talk to people about nutrition? Learn about NuVal, the nutrition scoring system used in grocery stores.**

This 3-hour instructor training will be held in East Lansing to prepare instructors to teach clients and community members how to use the NuVal system at their local Meijer store. The instructor training is free, and all attendees will receive instructor tools.

### Details

When: February 16, 2012 - 1:00am - 4:00pm

Where: Option 1 Credit Union

2400 West Road, East Lansing, Michigan 48823

**This course typically has a wait list, so please call immediately if you are not able to attend the class**

Name \_\_\_\_\_ Agency \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

East Lansing session:       afternoon (1:00am-4:00pm)

Please complete this form and fax or email by January 27, 2012 to:  
Megan Goff at 517-335-9461 (fax) or email goffm1@michigan.gov