



Committee/Work Group: Prevention Workgroup

Period of time this report covers:

Committee/Work Group Co-Chairs: Pat Huhn

Committee members: Eddie Stein, Pat Huhn, Melissa Tolan-Halleck, Robin Roberts, Jennifer Edsall, Kristi Pier, Linda Nordeen

Summary of recent accomplishments and current activities:

- [Governor Granholm World Diabetes Day Proclamation](#)
- [Michigan House World Diabetes Day Resolution](#)
- The World Diabetes Virtual Candle available at both the DPAC website and the Northern MI Diabetes Initiative website
- An acknowledgement/announcement of World Diabetes Day was sent to all stakeholders
- DPAC website linked visitors to sites such as The U of M for related Diabetes Awareness Day activities
- Diabetes education materials were sent to at least six county hospital and drug reps

Action Items (those items that the Board will need to have discussion or make a decision):

Goal	Activity	Who?	By When?

Status Report on Completed Objectives:

Objective	Progress/Completion
Objective 2A	Michigan medical societies and organizations were sent newsletter articles that included a link to the treatment plan.
Objective 2C	It was concluded that the Workgroup would not necessarily make this a “to-do” item as much as utilize what is already available. Melissa stated that there was a link to such a resource available via her agency’s website www.nmdiabetes.org . It was also stated that Western Michigan also has a resource list.

Information Items (List of activities in progress and upcoming events/discussions):

1. The Cardiovascular Health and Tobacco Control Programs agree to collaborate with and seek input from the Diabetes Prevention Program when developing their respective strategic plan. The CVH, Tobacco and Diabetes Programs also agree to develop an integrated action plan for the period of 2010 to 2014.
2. Additional follow-up is necessary with Workgroup members and Jean Chickering on pending newsletter articles.
3. Two federal healthcare bills are currently pending (related to Obj. 2D); it is recommended that the Workgroup wait and see what action occurs on these bills and then discuss what actions the Workgroup/advocates could/should take.
4. Regarding Obj. 2E, the Workgroup identified the following needs: examples of lab reports; examples of fasting glucose reports; a list of Michigan labs; contact/referral to Kidney Foundation staff person who can answer questions about the labs they partner with; 2-3 volunteers to work on this Objective.
5. The Prevention Workgroup has a commitment from the Communications Workgroup to collaborate on development of a communications plan including key messages (Obj. 3A). This is currently an ongoing activity.
6. Materials have been shared with all DPAC members to, in part, complete Obj. 3C. Kristi will write an article/notice for inclusion in the next monthly DPAC newsletter.

Recommendations to the Board: None at this time.

Detailed minutes of the conference call follow:

Review of Prevention Objectives (Note: It was determined during the December conference call that the Prevention Objectives listed on page 29 of the document entitled, “Michigan Diabetes Action Plan 2009-2011” do not match the Objectives described in a document that has been used as the primary reference document within the Prevention Workgroup, which are listed below.)

Objective 1A.

Ask other chronic disease sections to be included in the review of their strategic plans:

Objective 1B

MI Diabetes strategic plans will include input from other chronic disease sections:

The Cardiovascular Health and Tobacco Control Programs agree to collaborate with and seek input from the Diabetes Prevention Program when developing their respective strategic plan. The CVH, Tobacco and Diabetes Programs also agree to develop an integrated action plan for the period of 2010 to 2014.

Objective 2A

Distribute the recommended prediabetes and diabetes treatment plan to health care providers: Michigan medical societies and organizations were sent newsletter articles that included a link to the treatment plan. Kristi will talk to Jennifer about posting articles on the DPAC website.

Objective 2B

Prepare and distribute newsletter-ready prediabetes and prevention articles:

The following was determined:

- Follow-up with Vicki is needed—she is working on a nutrition-related article
- It is believed that Jean Chickering may have already written an article on prediabetes. (An article on diagnosis and referral would be optimal.) Kristi agreed to follow-up with Jean regarding her article.
- Julie is possibly writing an article on prevention (eating to prevent prediabetes). General discussion ensued: Pat asked whether or not we should use the term “prediabetes” anymore? A1C is used for diagnostic purposes (6.5+ = prediabetes; < 6 is normal; 6.0-6.5 ≠ prediabetes). It was noted that there is still nothing definitive about exactly what defines “prediabetes” (there is still no CDC directive). See Bullet 2 under Objective 2E for further discussion.
- Pat mentioned that she’d like to see an article addressing the topic of “exercise as a prescription.” Action: Pat will email to the Prevention Workgroup information on an exercise presentation she saw recently.

Objective 2C

Review and revise resource list for prediabetes education and support programs: It was concluded that the Workgroup would not necessarily make this a “to-do” item as

much as utilize what is already available. Melissa stated that there was a link to such a resource available via her agency's website www.nmdiabetes.org. It was also stated that Western Michigan also has a resource list.

Objective 2D

Advocate for health care insurance coverage to screen, treat and refer people identified with prediabetes: Two federal healthcare bills are currently pending. It is recommended that the Workgroup wait and see what action occurs on these bills and then discuss what actions the Workgroup/advocates could/should take.

Objective 2E

Advocate to Mi-based labs to place fasting patient values from 100 mg/dL to 125 mg/dL on reports as "impaired fasting glucose/prediabetes":

- Workgroup identified the following needs: examples of lab reports; examples of fasting glucose reports; a list of Michigan labs; contact/referral to Kidney Foundation staff person who can answer questions about the labs they partner with; 2-3 volunteers to work on this Objective.
- Discussion: Melissa stated that her agency's labs have made the change to flagging prediabetes levels. Reflecting back to previous discussion about whether or not to use the terminology "prediabetes", Melissa asked whether or not this was the right time to ask labs to change report forms? Kristi and Pat replied that the Workgroup should plan to move ahead with starting this initiative for all labs.

Objective 3A

Assure diabetes prevention messages are contained in the communications plan and insure review by Prevention Workgroup: The Prevention Workgroup has a commitment from the Communications Workgroup to collaborate on development of a communications plan including key messages.

Objective 3B

Support MDON communication activities to assure plan consistency with overall state communication plan: NA

Objective 3C

Utilize NDEP materials where appropriate and broaden reach in Michigan: Materials have been shared with all DPAC members. Kristi will write an article/notice for inclusion in the next monthly DPAC newsletter.

Objective 3D

Promote prediabetes education among children: The Inter-Tribal Council, Inc. is utilizing the Eagle Series of children's books that were developed by the CDC Division of Diabetes Translation's Native Diabetes Wellness Program, in collaboration with the Tribal Leaders Diabetes Committee and the Indian Health Service. These books are liked in terms of quality of the story and have been generally well-received. (Jennifer Edsall is the liaison with the InterTribal Council, Inc.)

Objective 4A

Develop a statewide plan to address primary prevention at the environmental and policy level: The Advocacy Workgroup is also working on this and so is the MI Primary Care Association. Eddie Stein will find out more about this program and email Pat.